

2025 TIMETABLE

As at 29th Jan 2025

| | Downstairs Main | | Studio 1 - Upstairs | | Studio 2 - Upstairs | |
|-----------|--|---|---------------------|---------------------------|---------------------|---------------------------|
| MONDAY | 4.15pm | Youth L1 Tumble | 4.15pm | Private Lessons | 4.15pm | Junior L1 Tap |
| | 5pm | Junior L2 Tumble | 5pm | Open Cheer Stretch | 5pm | Youth L1 Tap |
| | 5.45pm | Senior L2 Tumble | 5.45pm | Mini Ballet | 5.45pm | Youth Ballet |
| | 6.30pm | Junior/Senior Ballet | 6.30pm | Youth Stretch | 6.30pm | Mini Hip Hop |
| | 7.15pm | Senior Pom | 7.15pm | Private Lessons | 7.15pm | Junior One Tap |
| | 8pm | | | | | |
| | 8.45pm | | | | 8.45pm | Senior/JuniorTwo Tap |
| | | | | | 9.15pm | Finish |
| TUESDAY | | | 4pm | Lets Get Moving Tinydance | 4pm | |
| | | | 4.30pm | Gems Dance Combo | 4.30pm | Tiny Tumble |
| | | | 5.15pm | Rec Hip Hop | 5pm | Private Lessons |
| | 5.45pm | Rec Cheer | | | | |
| | 6.30pm | l Opm Senior/Junior Two Jazz/ Lyrical/ Hip Hop | | | | Sen/Jun FINISH 9 .15pm |
| WEDNESDAY | 4.30pm | Youth Lyrical | 4.30pm | Junior Acting | 4.30pm | Mini Jazz |
| | 5.15pm | Junior Lyrical | 5.15pm | Youth Acting | 5.15pm | Mini Acting |
| | 6pm | Youth Hip Hop | 6pm | Junior Stretch | 6pm | Mini Pom |
| | 6.45pm | Junior Hip Hop | 6.45pm | Youth Jazz | 6.45pm | Mini Ballet/Technique |
| | 7.30pm | Junior Jazz | 7.30pm | Senior Stretch/Tech | | |
| | 8.15pm | Sen/Jun Progressions/Tech finish 9.15pm | | | | |
| SATURDAY | | | | | 9am | Tiny Tumble |
| | 9am | Youth L1 Cheer | 9am | | 9.30am | Lets Get Moving Tinydance |
| | 10am | Senior L2 Cheer | 10am | Youth Ballet /Technique | 10am | Mini Ballet/Technique |
| | 11am | Junior L2 Cheer | 11am | Junior Turns/Technique | 11am | Mini/YouthL1 Stretch |
| | 12pm | Youth Pom/Stretch | 12pm | Junior Ballet/Technique | 12pm | |
| | 12.45 Junior Pom/Stretch FINISH 1.30pm | | | | | |
| | | | | | | |